

# Registration Process

---

## **ATHLETICS REGISTRATION**

All Las Lomas High School students who want to tryout and participate in athletics during the 2018-2019 school year must complete our mandatory Athletics Registration process. This is a new process and includes the following three steps:

### **STEP 1: PRE-REGISTRATION/PHYSICAL EXAM**

### **STEP 2: REGISTRATION,**

### **STEP 3: CONFIRMATION.**

## **STEP 1: PRE-REGISTRATION/PHYSICAL EXAM**

All students who want to tryout and participate in sports must print out the Athletic Physical Clearance form, complete it, and get it signed by a doctor after a physical exam. You will upload this completed and signed form during Step 2 of the registration process.

Download the form [HERE](#)

## **STEP 2: REGISTRATION**

**Parents who have not secured a physical exam: You may begin the registration process now, however clearance to participate will not be granted until signed and stamped physical form is uploaded and approved.**

### **REGISTER ONLINE AT SPORTS NET**

You will need to create an account for this new online registration process. Make sure you have the following prior to attempting to register your child:

- Your child's student identification number
- The exact spelling of your child's first and last name as it appears in official school records
- A scanned copy of your child's completed Pre-Participation Physical Exam on your computer (to be uploaded during registration)
- Your child's active health insurance coverage information, including the name of the provider and the policy ID

[Click here](#) to begin online registration at SPORTSNET.

## **STEP 3: CONFIRMATION**

You will receive an email from SPORTSNET verifying you have registered on their site. However, **in order for your child to tryout you must receive this confirmation email from the Athletic Department.** Until you **GET THE FINAL CONFIRMATION EMAIL**, your child cannot tryout for athletics.